

## Arham Foundation

### Arham Arts & Commerce College Camp Pune 411001

Winter Special Camp of Arham College of Arts and Commerce was concluded at Gorhe Budruk during the academic year 2022-2023 from 26th December to 1st January 2023.

First day 26/12/2022

At 3.00 pm we reached the camp site with the volunteers and materials required for the camp. Sarpanch of Gorhe Budruk village Sushant Anantrao Khirid and his colleagues were present for the opening of the camp. Principal of Zilla Parishad Primary School Gaikwad Sir and school teachers were present for the winter camp. Also, Mr. Sushant Khirid told the students about the importance and experience of the National Service Scheme. Who needs to do what work in the villages and Sarpanch guided the students on how to complete them. Also Program Officer Prof. Prasad Bhimrao Tikone sir presided over the sutra and Principal Dr. Satish Bhosale sir declared the program inaugurated after vote of thanks.



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Second day 27/12/2022

At six o'clock in the morning, after personal hygiene, all the volunteers performed yoga and pranayama and prayed. All the volunteers together cleaned the premises of the primary school. All the volunteers rested for 1 hour in the afternoon after the volunteers had their meals. Between 7 pm Tehasin Sheikh & Ayesha madam gave a lecture on women empowerment in front of boys and girls for about 1 hour. Dinner was prepared. At the same time, a meeting was held between the program officer and the head of the volunteer group and the work of the next day was planned. The volunteers chatted with each other and shared their experiences. Fun games were also conducted. Why exactly at 9.00 pm all the volunteers had dinner together and chatted with the program officer and at 10.30 pm all the volunteers went to sleep after wish good night.



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Third day 28/12/2022

At 6.00 am took all the volunteers for personal hygiene and took all the volunteers for exercise and prayer and exercise was conducted at the same place on the hill. After that, the university song was taken. After that all the volunteers got together and gave a small gift to the volunteers. The grass in front of the security wall of the school was cleaned and the volunteers cleaned the garden of the school. Volunteers prepare lunch together and have lunch at 1.30 pm. After the meal, the volunteers took a break from the lecture in the camp. School boys and girls Aka village youth and young women were invited to the program for the lecture on changing urban life and today's youth. Prof.Priyaka Mahale & for the lecture. Shradha Kulkarni Madam gave a lecture on changing urban life and today's youth. At six o'clock in the evening, the volunteers had tea and chatted. The second day's work was planned between the leaders of the volunteer groups and the program officers. Also the volunteers have done a group discussion on the topic of Cyber Security. All the volunteers had dinner at 9.00 pm and at 11.00 pm everyone went to sleep after wishing each other good night.



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Fourth day 29/01/2022

After personal hygiene at six in the morning, the gathering took place. All the volunteers took up various games for exercise. After that the day started with prayers and singing of various songs. The volunteers completely painted the wall of the Zilla Parishad school, and also collected the materials of the school which were lying in disorder. Prepared for the evening lecture. Why is cyber security important by Sanjay Jadhav sir? And how the theft happens in the internet world and what we should implement to prevent it. Explained it in detail. At 6.00 PM, the volunteers held a group discussion on the subject of Digital Age Curse or Blessing. Also in the evening after preparing dinner at 9.30 and having dinner at 11.00 pm we wished each other good night and went to sleep.



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Fifth Day 30/12/2022

At exactly six in the morning, after personal hygiene, all the Volunteers gathered for Pranayama and Yogasana. Yogasana and pranayama exercises of about 1 hour followed by prayer and inspirational song reading. The village road was cleaned by all the volunteers by giving small gifts. A medical camp was organized for primary school children, a total of 150 boys and girls were medically examined by a suitable doctor and all were given medicines for the ailments that occurred during the camp or as directed during the camp. In the afternoon all the volunteers took rest and had dinner together at 2.00 pm. At 4.00 Dr. Satish Bhosale sir guided the volunteers on National Service and how today's youth should be. Guided on how to benefit yourself from National Service Scheme and how to do the rest of its social work. Also, in today's era, young men and women were guided on how to determine their own values, principles, goals and objectives. At 6.00 PM All Swayam Sevaks took tea together at 6:00 PM and organized the work of Udaya Day. Dinner preparations were started at 7:00 PM and all the Swayam Sevaks completed the Vuvarajama meal. After the meal, entertainment programs such as one-act plays, singing of songs were held. At 11 pm everyone wished each other good night and fell asleep.



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Sixth Day 31/12/2022



At six o'clock in the morning, after personal hygiene, the volunteers took part in recreational games together.

After that all the volunteers together completed the morning prayer by arranging a small gift. Everyone made a small gift. Shivar Pheri was organized in the village by all the volunteers. Shivar Pheri was organized in the village by volunteers and program officers.

At 2.00 pm all the volunteers had lunch and rest and at 4.00 pm a cultural program was organized in which one act play, dance, other cultural programs were organized. At 6.30 pm all the volunteers discussed how to prepare while enjoying tea and biscuits. And advice was sought from Program Officer Tikone Sir. After having dinner at 10.00 pm volunteers wished good night and went to sleep at 11.00 pm. One-act plays, dances, other cultural programs were organized in it. At 6.30 pm all the volunteers discussed how to prepare while enjoying tea and biscuits. And advice was sought from Program Officer Tikone Sir. After having dinner at 10.00 pm volunteers wished good night and went to sleep at 11.00 pm.

Seventh Day 01/01/2023

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Volunteers performed Pranayam after personal hygiene at six o'clock in the morning. Followed by prayer and university anthem

Morning tea and breakfast were served by the volunteers. Director of Arham College of Arts and Commerce of Arham Foundation Dr. Atish Chordia sir visited the camp site and reviewed the camp and chatted with the school children and 40 Lezeems were presented to the school as a gift. Preparations were made for the conclusion of National Service Scheme Special Winter Camp at 10.00 am. The concluding program was started at exactly 11.30. The chief guest for the program was Shri. Ramesh Babu Konde as well as Sarpanch of Gorhe Budruk Ms. Sharda Kundalak Khirid Zilla Parishad School Principal Mr. Shivaji Gaikwad and other dignitaries were present. Mr. Ramesh Babu Konde explained the importance of National Service Scheme Special Winter Camp to the students and Sarpanch Mrs. Sharda Khirid and Shri Shivaji Gaikwad sir together praised the work done in seven days and reviewed the work. Also, after surveying the work done in the camp for seven days, the program officer Prof. Prasad Bhimrao Tikone sir selected the names of Rajeshwari Basavaraj Sonnad from the girls group and Yuvraj Sharanappa Aralgundgi as the best volunteers from the boys group and the volunteers were awarded by Ramesh Babu Konde. And the program officer of the program thanked the dignitaries present and concluded the program.



**Prof. Prasad Tikone**  
**Program officer**

**Dr. Satish Bhosale**  
**Principal**